

Observation:

The advent of the computer revolutionized word processing and, with the internet, factual and legal research. Electronic discovery transformed that field: the sheer volume of material required new approaches to document production and review. I enjoyed identifying and working through legal and factual issues, and interacting with clients, other attorneys, paralegals, judges, experts, fact witnesses, and non-legal staff.

This during 40 years with Cahill Gordon & Reindel LLP in NYC and DC doing commercial litigation. Discovery proceedings and settlements a substantial part of my practice there.

Retired at the end of 2009, moved to Massachusetts 2012, a more rural lifestyle than we had on Long Island. Woods can be very restorative. (Also, more politically active).

Time to think and read about my interests in, e.g., mindfulness, the environment.

Learning the Alexander Technique, which utilizes the mind/body connection (have osteoporosis and an arthritic lower back -- can no longer get around the way I used to. *C'est la vie.*) Having lived in my head for much of my life, it is exciting to explore that mind/body connection.

[Still going at 82]